



TUESDAY'S CHILDREN

Long-Term Healing through Community
for Families Impacted by Traumatic Loss

TUESDAY'S CHILDREN MISSION

Mission

Tuesday's Children provides a lifetime of healing for families who have been forever changed by terrorism, military conflict or mass violence.

Impact

Through a time-tested, long-term approach, Tuesday's Children programming serves and supports our nation's military Families of the Fallen; **keeps the promise** to support all those impacted by 9/11; and builds resilience and common bonds in communities worldwide recovering from tragedies.



Last year marked 20 years since Tuesday, September 11th, 2001 and 20 years of service for Tuesday's Children.

"20 years. It's an organization we all wish never needed to be established. My family and I have benefitted in so many ways from Tuesday's Children with the support of your dedicated staff and your transformational programs. Thank you for all you have done and all you continue to do."

– Dolores, 9/11 family member



OUR IMPACT

45,000+ Individuals Assisted

We help those impacted by terrorism and traumatic loss find resilience and strength through family-focused programs

A Time-Tested Approach

Our proven Long-Term Healing Model and evidence-based programs build resilience, foster post-traumatic growth and create common bonds

Expansive Services

We support Military Families of the Fallen, global victims of terrorism, communities impacted by mass violence and keep our promise to the 9/11 community

A Trusted Resource

We offer guidance and expertise in community-based long-term recovery and resilience to communities in the aftermath of traumatic events



THE RIPPLE EFFECT

GLOBAL RIPPLE EFFECTS OF TRAUMATIC LOSS

- Over **250,000** people have died from global terrorism in the last two decades.
- Post-9/11 military losses exceed **37,000** service members, not to mention global deaths in the war on terror. **Five times more military service members have died by suicide than by combat.**
- **10+** mass shootings were happening per week in the U.S. in 2021; 2020 saw a year-over-year rise in targeted violence despite pandemic lockdowns. **One third of the victims are under 18.**
- **6 million+** lives have been lost to COVID-19 worldwide and **nearly 1 million in the U.S.**, including losses in **1 in 5** Tuesday's Children families. **200,000+** children in the U.S. have lost a parent or primary caregiver in the pandemic; many lost their sole caregiver.

Sources: Global Terrorism Index, Gun Violence Archive, New York Magazine, Gothamist.

EMOTIONAL IMPACT OF TRAUMATIC LOSS

Losing a loved one

under sudden and traumatic circumstances has a lifelong impact, particularly for children and families.

Emotional and physical wounds

linger and further disrupt family dynamics.

Time may help to heal wounds, but

there is no defined timeline for the healing process.

COMMON BONDS:

Profound Loss and/or Trauma

Financial Uncertainty

Disrupted Family Dynamics

Physiological Impact

Fear of Being Forgotten

Social Isolation



OUR APPROACH

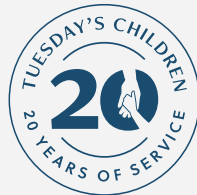
Create a foundation of trust.

Build a community of support.

For two decades, we have been a trusted service provider to vulnerable populations, serving over 45,000 nationwide and in 34 countries.

Lessons Learned:

Those recovering from
traumatic loss need



Long-term commitment and response

Broad, community-based outreach

Needs-based, adaptive approach

Evidence-based, resilience-building services

Carefully selected partnerships

Family/community involvement and feedback

Families and children impacted by traumatic loss warrant special attention, education, and empowerment to support them through developmental stages, milestones and identity formation. In return, they can live emotionally healthy and productive lives and have a measurably positive impact on their families and communities.

ADAPTABLE LONG-TERM HEALING MODEL



PROVEN PROGRAMS

Family Engagement

Building community through family-focused events. These events establish trust, identify ongoing needs and facilitate outreach for specific programs.

Wellness Programs

Assisting families coping with chaos and busy schedules through wellness programs and workshops, including skills development and life management programming.

Mental Health & Counseling

In early years, we provided referrals to a network of mental health services, and in later years, in-house counseling and psychosocial components in all programs and services.

We strengthen resilience, foster post-traumatic growth and build common bonds

Signature Programs

- Engagement and Outreach
- Mental Health and Wellness
- Youth Mentoring
- Career Resource Center
- Project COMMON BOND
- Helping Heals
- Skills Development
- Creative Insight
- Project Heart to Heart
- Community Resilience



Youth Mentoring Program

Mentoring is the cornerstone of Tuesday's Children programming.

Over the last two decades, our mentoring matches for bereaved youth have exceeded the national average, and some have lasted over a decade—90% have lasted more than one year, 43% more than three years, and 9% more than eight years.

We support families through:

- **Long-Term Youth Mentoring** — matching children with supportive adults
 - **Career Mentoring** — pairing youth with professionals in dynamic industries
 - **Peer Mentoring** — supporting surviving spouses, children, siblings and parents
 - **Digital Mentoring** — bridging gaps in services to military families in rural areas
- To learn more about our Youth Mentoring Program, visit <http://www.tuesdayschildren.org/programs/youth-mentoring-program/>



COVID Response Project

Project Scope: The purpose of the COVID-19 Response Program is to provide resources and capacity building in key sectors that are interfacing directly with families and children bereaved by Covid-19, including: educators, health care professionals, CBOs and community leaders, policy makers, academic institutions, and other local systems.

Partners:



NEW YORK LIFE
FOUNDATION



COVID Collaborative



MENTOR

MARKED BY COVID

Additional partners: 26 youth-serving organizations who signed on to our Nov 5, 2021 joint letter with MENTOR to the White House advocating for long-term support and youth mentoring for grieving children.

View the press release to learn more:

<https://www.tuesdayschildren.org/wp-content/uploads/1-26-2022-NY-Life-Grant-Tuesdays-Children-Press-Release-FINAL-1.pdf>



2022 Lessons in Recovery and Resilience Events

Reflections from experts and survivors on terrorism, mass violence, military losses and the global pandemic

DEVELOPMENTAL PERSPECTIVES ON CHILDHOOD TRAUMA AND GRIEF

REGISTER NOW!

Thursday, March 31, 11:00 a.m. - 12:30 p.m. EST. A *virtual Speaker Series event followed by Q&A*



Jennifer Kreimer MS, CCLS, LCMHC, RPT, Specialist in grief, loss, and anxiety



David J Schonfeld, MD, FAAP, National Center for School Crisis and Bereavement, Children's Hospital Los Angeles



Grace Christ, PhD, DSW, Columbia University School of Social Work; Social Work Hospice & Palliative Care Network

5th LESSONS IN RECOVERY AND RESILIENCE FORUM

REGISTRATION OPENING SOON!

EMERGING FROM TRAGEDY: Building Resilience after Wide-Scale Trauma and Loss

Tuesday, May 17, 10:00 a.m. - 1:00 p.m. EST.

- Lessons learned from two decades responding to 9/11 and mass-scale tragedies
- Promising practices in community resilience and recovery from traumatic events
- First-hand survivor stories of resilience and peer support
- Preparedness, prevention, protocols and challenges of the post-9/11 and post-pandemic eras

For more information on our Lessons in Recovery and Resilience events, please visit <https://www.tuesdayschildren.org/news-events/calendar/> or contact kathryn@tuesdayschildren.org.



“In any tragedy, we memorialize those who are lost; but we must not lose sight of, and do all that we can for those who are left. They are our most important living memorials and can become our most valuable ambassadors.” — Tuesday’s Children

Thank you.

**Sara Wingerath-Schlanger —
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**TuesdaysChildren.org
TuesdaysChildrenHeals.org**

